

## ***FLAGGER SAFETY THINGS TO REMEMBER***

1. The JOB is important !
2. The Flagger must be PHYSICALLY and MENTALLY strong.
3. CLOTHING and TOOLS are specified.
4. Tools include a SMILE!
5. Your POSITION and MOTIONS are right!
6. You know the RULES!
7. The WARNING SIGNS are proper!
8. The traffic slowed down is safer!
9. One-way Traffic requires special attention!
10. Night Time flagging requires extra equipment.

Developed by:

Utah Department of Transportation  
Division of Traffic & Safety

FHWA, Utah Division

Mountainland Applied Technology College

Utah LTAP

## **UTAH DEPARTMENT OF TRANSPORTATION**

**GOING THE EXTRA MILE**



## **FLAGGER TRAINING HANDBOOK**

Revise November 2008

# INTRODUCTION

Being a Flagger is an important job. A flagger has the charge to protect the lives of workmen, motorists, pedestrians, and bicyclists., on the roadway.

**FLAGGERS SHOULD NEVER FORGET THAT LIVES, EQUIPMENT AND MATERIAL ARE IN YOUR HANDS.**

Road construction, road maintenance, municipal services and utility operations may not be safe without a flagger.

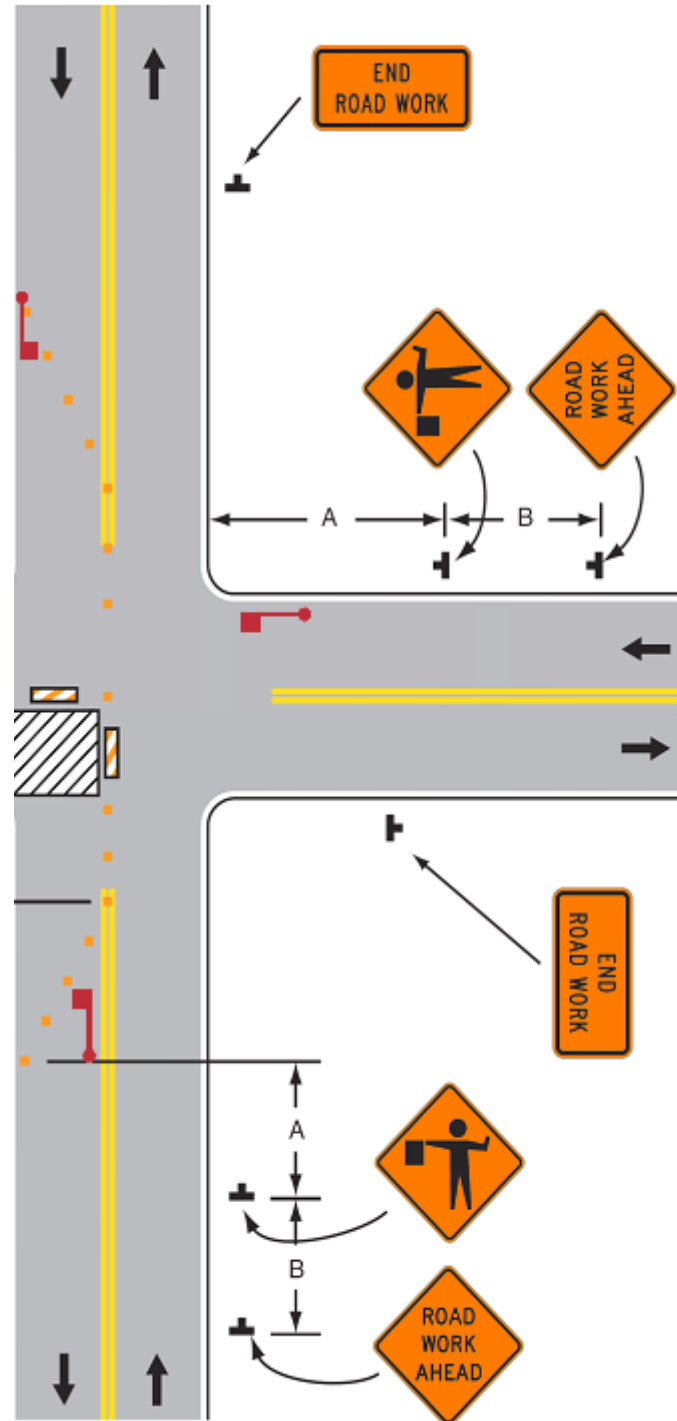
A vital element of a traffic control plan is the flagger. Flaggers are used when other traffic control devices are unable to safely direct traffic through the work zone.

Flaggers should be active, able bodied men and women who possess a good temperament, eyesight, and hearing. Flaggers should be intelligent and have the capability of securing the traveling public's cooperation through effective communications.

A flagger should never take their responsibilities lightly. Not only must the flagger provide for their own personal safety, but also the safety of fellow workers, and the public. Flaggers must also help protect thousands of dollars in equipment and materials.

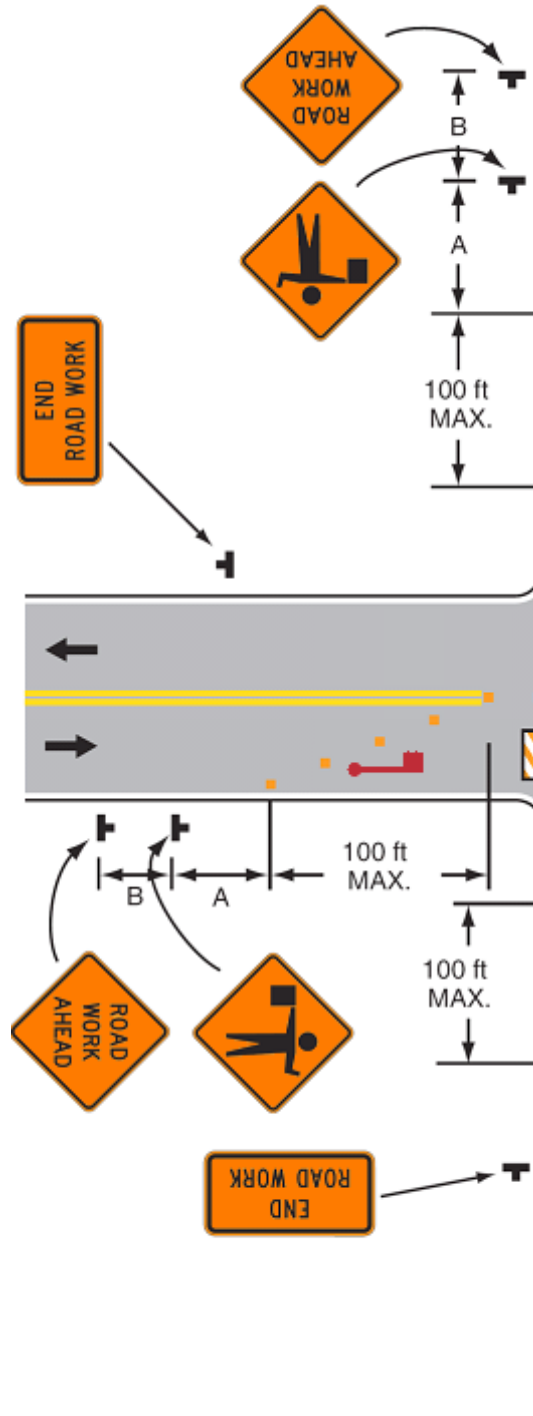
A flagger may be the first contact by the public on a project. The impression the flagger creates will reflect on the organization doing the work. Therefore the flagger is also a public relations person.

The training you are about to receive will help prepare and guide you in these responsibilities.



Lane closure at intersection  
TA-27 pg. 6H-59

Flaggers may direct traffic through a signalized intersection only when the signal has been turned to the all **RED** flash mode. A uniformed law enforcement officer is required when the signal is operational.



## # 1 UNIFORMITY

Uniformity is a very important part of highway safety and operations. Motorists should not be subjected to undue changes. When changes are necessary, the motorist should be able to react in a safe and deliberate manner.

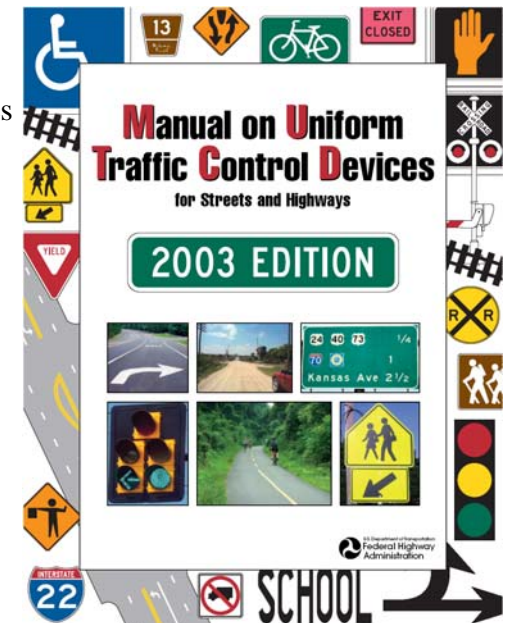
All flaggers, wherever they are working, should be using the same commands and hand signals so that motorists are not confused as they enter a work zone.

Flaggers should be dressed in similar attire. This helps the traveling public recognize the flagger as a control element.

Flaggers should be positioned in similar locations from site to site. This helps the motorist judge where they may most likely encounter a flagger.

The flagger certification program has been developed by using standards set forth in the Manual of Uniform Traffic Control Devices and by practices that have been developed through experience.

A major goal of the certification program is to ensure that all flaggers conduct themselves in a professional, uniform manner and that all who encounter a work zone, with a flagger present, will receive safe passage through the work zone.



## # 2 CERTIFICATION

The Utah Department of Transportation requires all flaggers to be trained and to carry a **Flagger Training Certificate**. In addition to receiving the training an applicant must also meet age requirements established by the Utah State Labor Commission.

The Flagger Certification is good for a three (3) year period. The flagger must attend a re-certification seminar and be re-certified every three (3) years.

The Utah Department of Transportation is requested on occasion to accept additional certification programs. The Department will review each program, and each acceptable program will be listed in the Utah Department of Transportation Standard Specification Section 01554 Traffic Control.

Some utilities and other government entities conduct their own training, the instructors for this training are certified by UDOT. This certification is only good on roadways under UDOT jurisdiction, while working for the issuing entity. **A flagger must receive a new certification from one of the accepted certification programs before working for another employer.**

**All individuals who work at a flagging station must be certified. The certification card must be on your person while you are working on the roadway.**

**NEVER LEAVE YOUR FLAGGING STATION UNATTENDED, OR TO A NON-CERTIFIED FLAGGER.**

**Flaggers, who are found in noncompliance with UDOT Standards, Policies and MUTCD Guidelines for flagging, may result in revocation of Flagger Certification.**

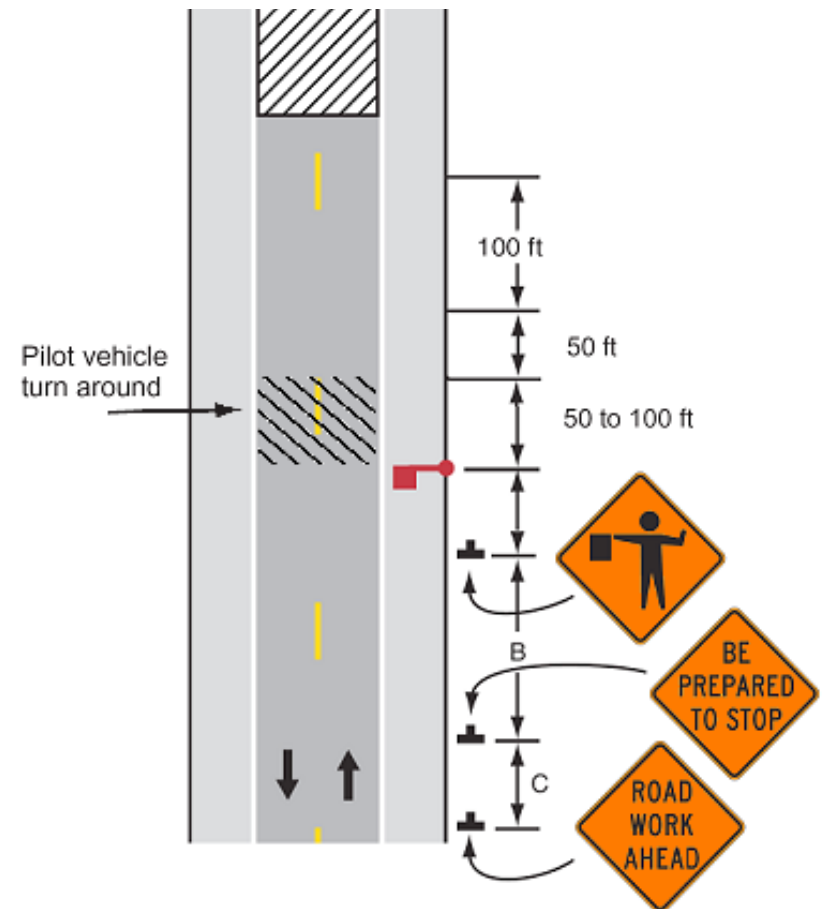
### Flagger with a pilot car from UDOT Standard Drawings

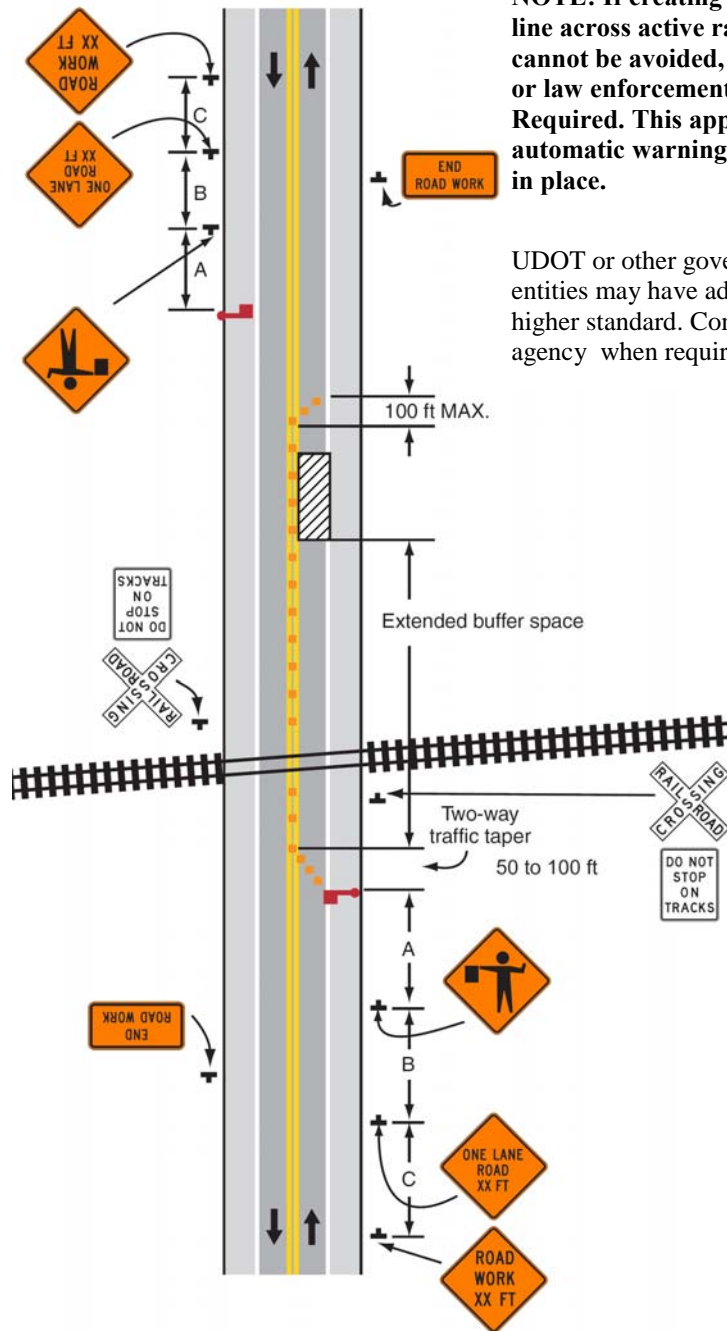
**Two-way communications recommended with pilot car operations. If not available, baton method is acceptable.**

**Use this sign on the back of the pilot vehicle.**



Same sign sequence, spacing, tapers and buffers for opposite direction required





## # 3 FLAGGER QUALIFICATIONS

### THE FLAGGER:

#### 1. Must be in *Good Physical Condition*

- good hearing
- good vision
- mobile enough to escape danger (errant vehicle)
- be able to control signaling device (paddle) in adverse conditions
- able to work on site 8 hours or more

#### 2. Must be *Intelligent*

- receive and perform specific instruction
- have common sense and good judgment
- make wise and informed choices
- adapt to changing situations
- recognize dangerous situation and react

#### 3. Must be *Mentally Alert*

- pay constant attention to traffic
- react to emergency situations
- be able to maintain composure

#### 4. Must be able to *Communicate*

- be courteous and patient
- give clear directions and instructions
- be able to take a firm command of situations *without* being rude or a “bully”
- be able to give motorist further assistance if they are not able to understand your direction

#### 5. Must maintain a *Neat Appearance*

- have clean clothing and equipment
- remember you are the first line of public relations
- will help command the respect required to perform your duties.

## # 4. PROTECTION & COMFORT

As a flagger you will be working in different traffic conditions, and variable weather conditions. To meet these demands you must be prepared to protect yourself to changing conditions.

### 1. Sleep

- Be well rested prior to starting your shift. By being well rested you will be able to withstand the rigors of a long shift and perform your duties in a professional manner.

### 2. Comfortable foot wear

- You are required to wear hard toed shoes or boots and in some cases, safety boots. You will be standing for long periods of time, make sure the foot wear fits and will protect your feet from the elements.

### 3. Clothing

- You have basic requirements for clothing but with the variables of the weather you may need to adjust how you meet these requirements. By using layered clothing, you can better adjust comfort needs. Have foul weather protection gear available.
- You have specific requirements for safety outer clothing you must wear, this is addressed under item # 5.

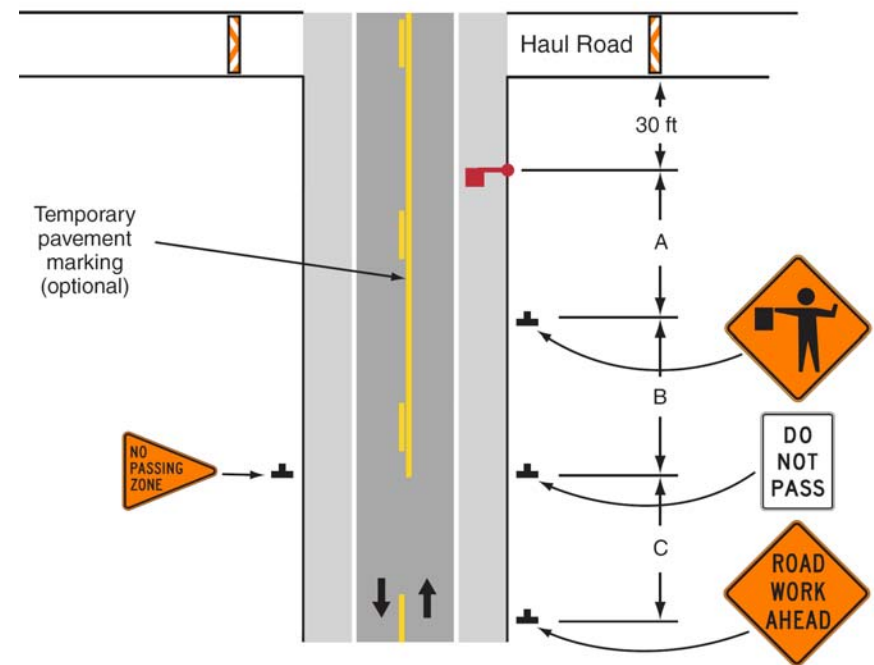
### 4. Sun Protection

- Both winter & summer, you will need:  
Sunglasses: safety glasses, non-reflective, and with the ability to block UVA & UVB rays
- Sunscreen and lip balm with a sun protection factor (SPF) and a UVA & UVB block

## Haul Road Crossing with Flaggers (TA 14) MUTCD pg 6H-33

UDOT or other government entities may have adopted a higher standard. Consult the agency when required.

Same sign sequence required for opposite direction.

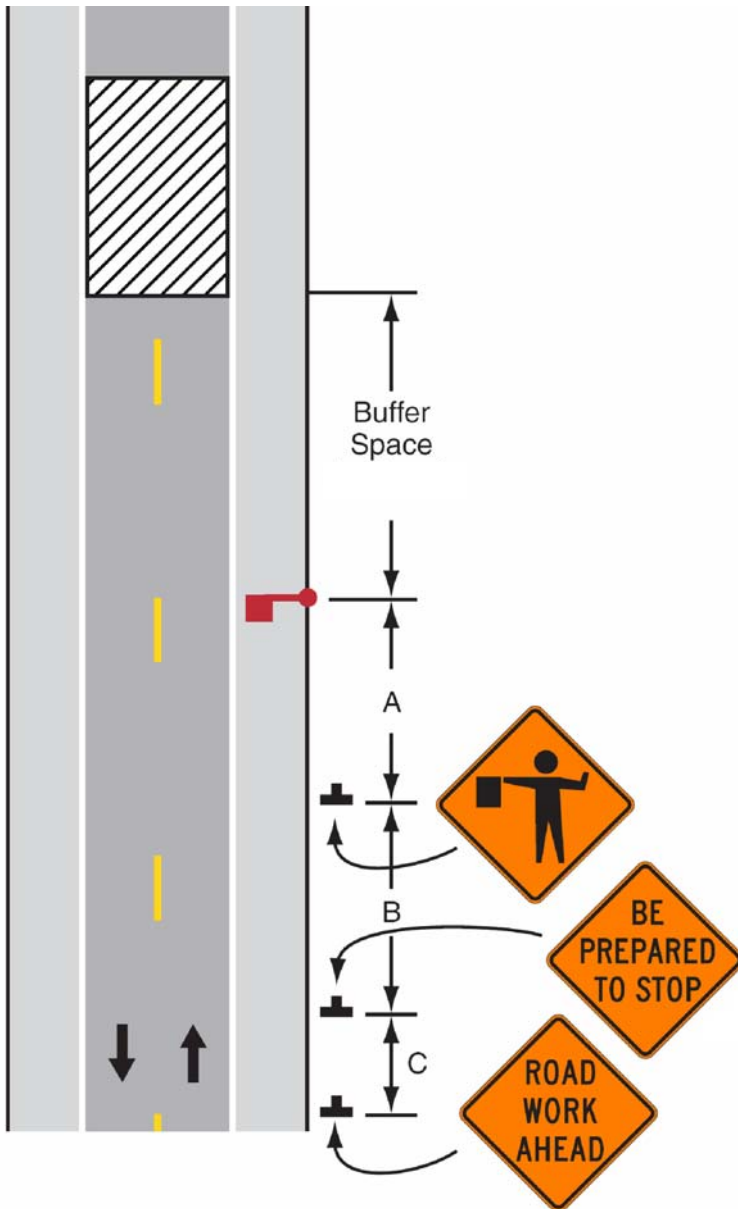




**Temporary Road Closure (TA 13)**  
**From MUTCD pg 6H-31**

UDOT or other government entities may have adopted a higher standard. Consult the agency when required.

Same sign sequence required for opposite direction.



## 5. Nourishment

- Always have water or other non-carbonated drink available.
- **NO alcoholic beverages.**
- Have something available to eat. This will help keep your strength from dissipating between breaks.

## 6. Breaks

- Prior to starting your shift arrange with your supervisor about when breaks will occur.

**NEVER LEAVE YOUR FLAGGING STATION  
UNATTENDED OR TO A NON-CERTIFIED FLAGGER**

## # 5. SAFETY CLOTHING & APPAREL

### 1. Flaggers must be fully clothed in appropriate work clothing.

- **Full length pants**
  - No shorts or cutoff pants
- **Short/long sleeved shirt**
  - Short sleeved shirts must cover the shoulder and extend down the arm and cover the entire upper portion of the body.
- **NO tank tops**
- **Safety boots or hard toed shoes**
- Safety boots, ANSI approved, are required and must be worn on UDOT controlled projects.
- Safety boots recommended for all flaggers on all non-UDOT controlled projects. Hard toed boots or shoes are acceptable, but will give only minimal protection.
- **Safety Glasses**
- **Required when on UDOT controlled projects**
- Would be beneficial if used as sun glasses
- Must be worn during night operation (exception: uniformed law enforcement officer)
- Safety glasses must have side protection

- **Retroreflective fluorescent red orange safety vest or shirt**

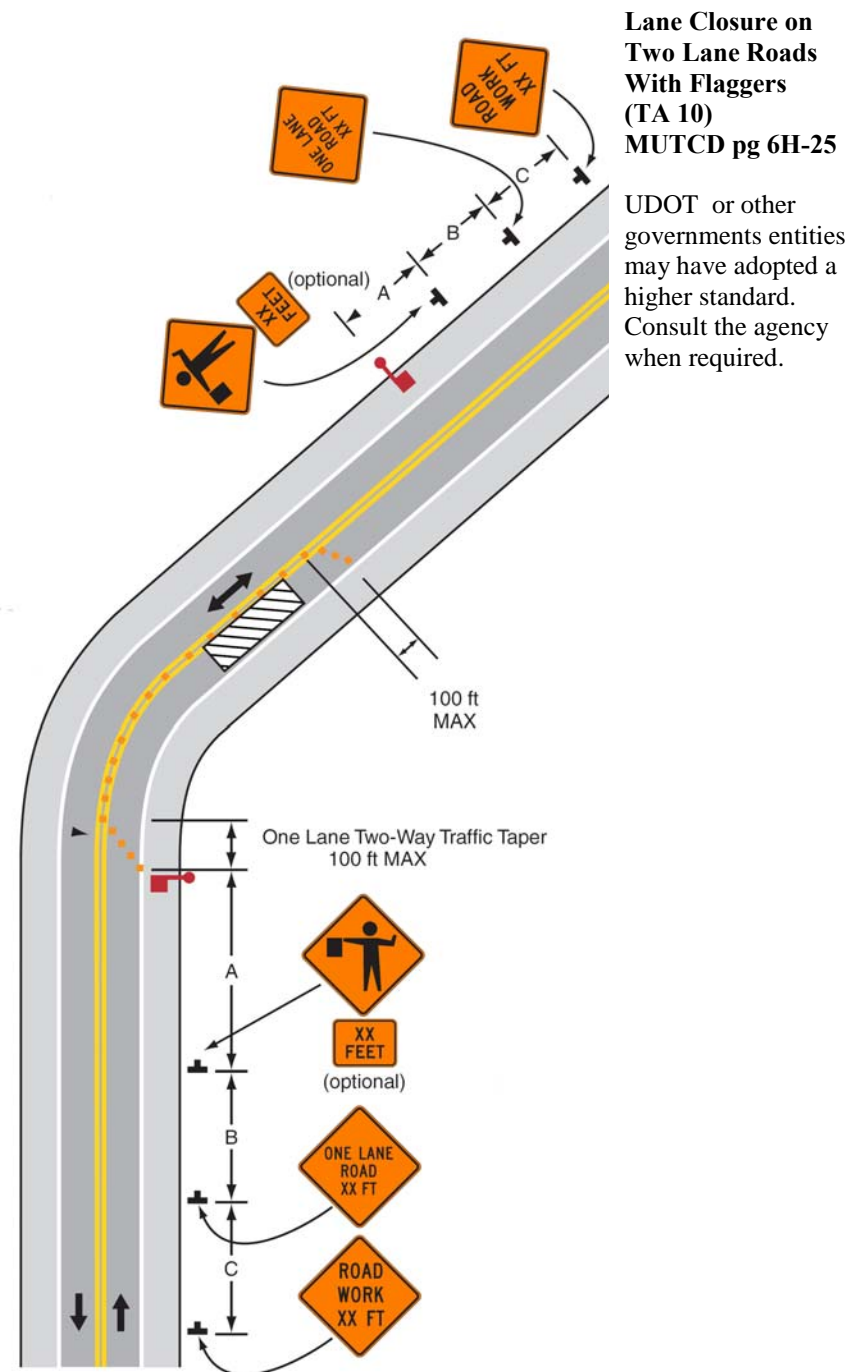
- Safety Outerwear is defined as orange, or combination orange/lime-green, shirt, vest, coat, coverall, etc., meeting ANSI 107-2004 Class 2 or Class 3 requirements for reflectivity, and refers to the outermost layer.
- Safety vest or shirt retroreflective material will be yellow, white, silver, yellow-green or a fluorescent version of these colors.
- Retroreflective safety outerwear must be worn during day-time and nighttime operations
- The safety vest or shirt body will have a minimum of 50% background color of fluorescent red orange.
- A total of 201 square inches of retroreflective material is required to meet the above minimum requirement. The retroreflective area should have a 360 degree exposure, with 100½ square inches in front and 100½ square inches in the back.

- **Fluorescent red orange hard hat**

- Hard hat must be retroreflectorized when used at night with a minimum of 10 square inches of retroreflective material.
- see UDOT Standard Specification, Section 01554 Traffic Control

### UN-ACCEPTABLE CLOTHING AND ACCESSORIES

- Tank tops or halters
  - Short pants and cutoffs
  - Soft baseball style hats
  - Portable radios, or other devices which could distract you
  - Personal listening devices with headphones or ear pieces **CANNOT** be worn.
- (**exception:** hearing aids or communication devices used to stay in contact with others in the work crew).

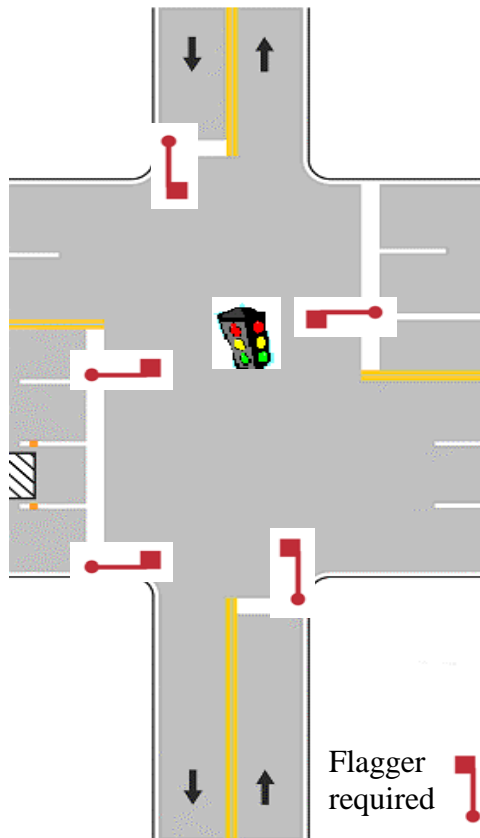




## FLAGGING AT SIGNALIZED INTERSECTION (UDOT Standard)

Flaggers may flag at a signalized intersection only when the signal has been turned to the all **RED** flash mode. If the signal is fully operational, a uniformed law enforcement officer is required for directing traffic through the intersection.

Flaggers are required for each leg of the intersection and may only direct the traffic for two through lanes, and one left or right turn lane (if present).



B8

### Safety Vest

A vest similar to this meets the reflective requirements of 201 sq. inches.  
101½ sq. inches front  
101½ sq. inches back



### Hard Hat



### Safety Boots



### Safety Glasses



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## # 6. TOOL AND EQUIPMENT REQUIREMENTS

### 1. ADVANCE WARNING SIGNS

- **FLAGGER SYMBOL SIGN** required in advance of all **flagging stations**. This will be the final sign in the signing sequences of the approaching traffic.
- Refer to UDOT Standard Drawings TC series for signs in the sign sequence
- Retroreflective sign required when used at night.
  - Material as specified in UDOT Standard Specification and/or the MUTCD.

### 2. STOP/SLOW PADDLE:

- **Flagger shall be equipped with a Stop/Slow paddle a height of 7 feet (24" paddle and 60" handle)**
  - Stop/Slow Paddle requirements: octagonal shape, with a semi-rigid substrate and a rigid handle.
    - 24 inches x 24 inches with 8 inch letters required.
    - UDOT Standard Drawings TC Series
  - Retroreflectorized when used at night
  - Light (s) permitted on paddle as specified in the MUTCD
- No holes shall be permitted in paddle face.**

### 3. FLAGS

- **Use in emergency situations only.**
  - Will be red in color.
  - 24 inches x 24 inches on a 36 inch staff.
  - The free edge should be weighted so the flag hangs vertically, shall be retroreflectorized when used at night.

### 4. NIGHT FLAGGING

- Flagging station will be illuminated with an external light source, **UDOT & MUTCD requirement**
  - Nighttime hours: 30 minutes after sunset  
30 minutes before sunrise
- Street lights and vehicle headlights not acceptable
- Flashlight equipped with a 6 to 8 inch long red wand.

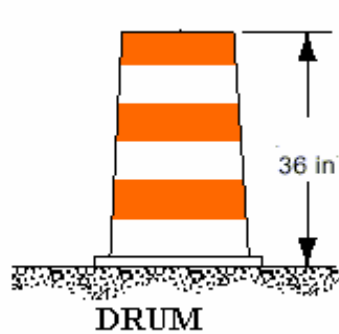
SIGN SPACING CHART				
ROAD TYPE	POSTED SPEED (S)	MINIMUM SIGN SPACING ( in feet )		
		A	B	C
CONVENTIONAL ROADS	30 MPH or less	100	100	100
	35	350	350	350
	40			
	45	500	500	500
	50			
	55			
	60			
	65			
FREEWAYS & EXPRESSWAYS	65	1000	1500	2640
	70			
	75			

NOTE: If two flaggers are being used, an advance flagger symbol sign is required in advance of each flagger. If used inside channelizing devices it must be visible above the channelizing devices.

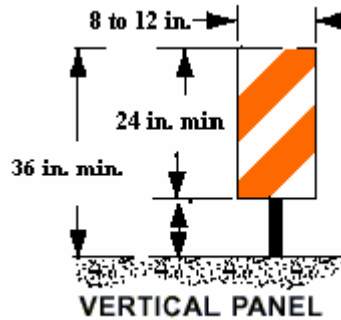
TAPER & BUFFER ZONE REQUIREMENTS (in feet)		
POSTED SPEED (S)	Minimum Taper (12' lane closure)	Length of Buffer Zone <i>See note</i>
30 MPH or less	180	200
35	245	250
40	320	305
45	540	360
50	600	425
55	660	495
60	720	570
65	780	645
70	840	730
75	900	820

NOTE: The listed buffer zone lengths are required on UDOT controlled projects. Consult Standard Drawings, TC Series, for additional information.

## Channelizing devices on UDOT controlled projects



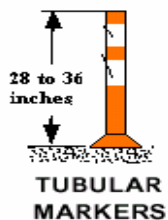
Must be used in tapers when posted speed is 50 MPH or greater. May be used on any highway.



Vertical panels require a retroreflective area of 270 sq. inches when used on highways with posted speeds of 50 MPH or greater. UDOT requires the retroreflective area be 12 inches above the roadway. May be used in tapers and tangents with speed 45 MPH or less.



See TC Standard Drawings for use of cones and tubular markers. May be used in tapers on roadways with speeds posted 45 MPH or less.



### Advance Warning Arrow Display



## TOOLS

### Flagger Symbol Sign



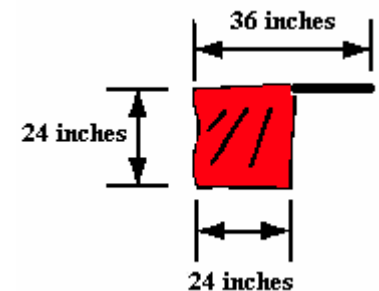
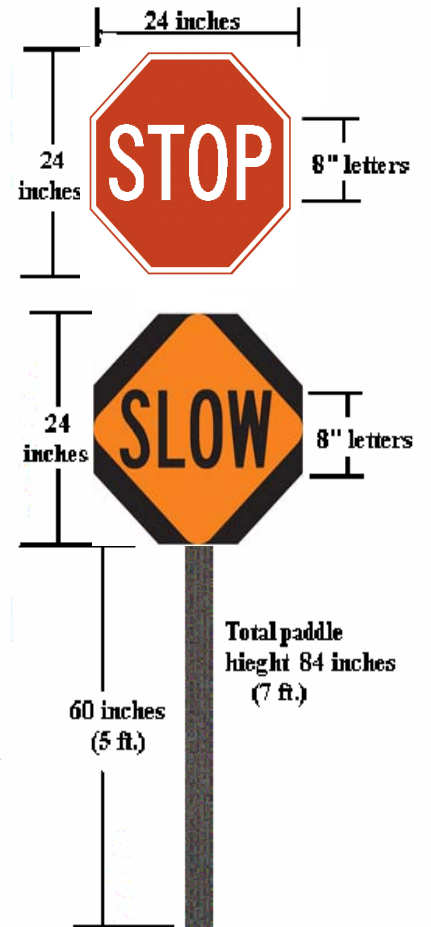
### Flashlight w/wand



### External Light Source

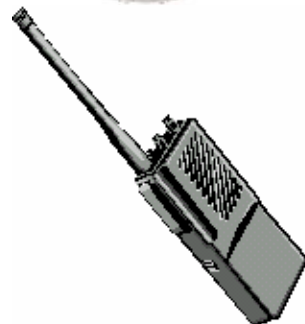
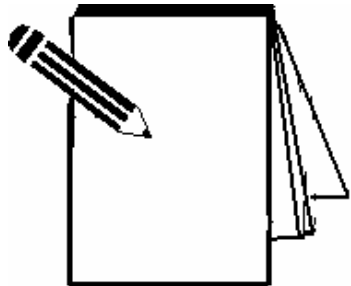


### STOP/SLOW Paddle

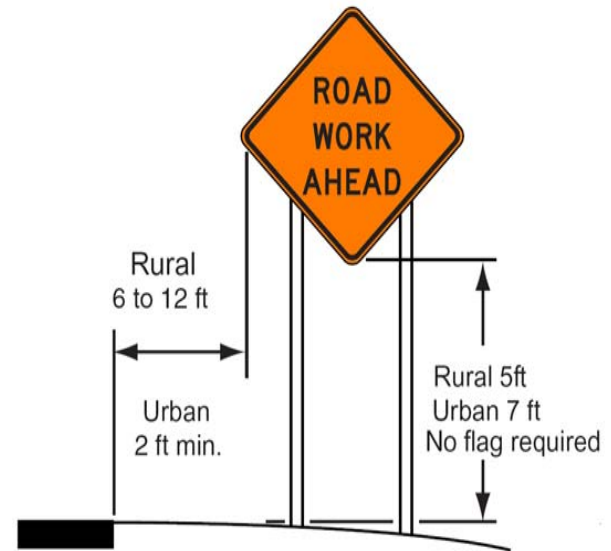


## 5. OTHER EQUIPMENT

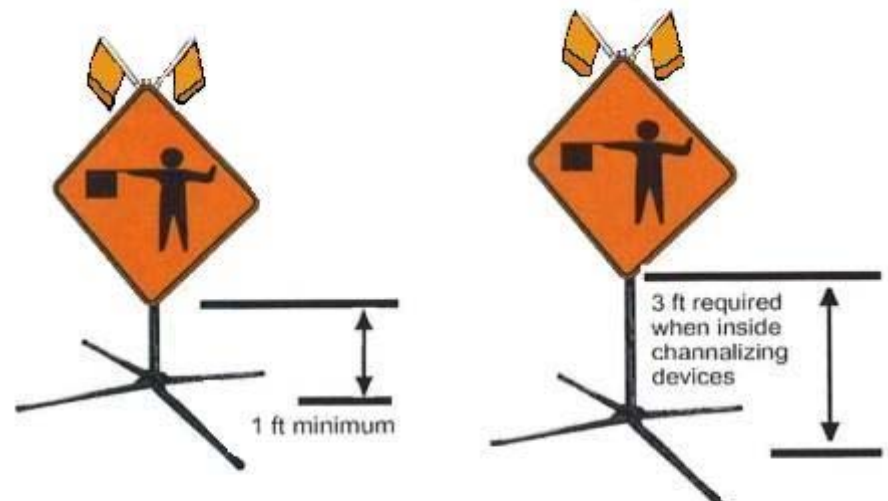
- **Pencil & Pad**
  - Used to keep records of incidents.
    - If an crash occurs, write down any information that may apply to the crash while it is still fresh in your mind.
  - Record vehicle and driver information.
    - If a problem occurs such as a driver running your stop command, **first protect yourself, warn your fellow worker, return back to your working position**, then try to record license plate information, brief description of vehicle, and description of the driver.
- **Whistle or air horn**
  - Used to warn those in the work area of an emergency situation, or dangers.
- **Communication devices**
  - Used to communicate with other flaggers, supervisors, or other workers.



## Typical sign stands and height requirements

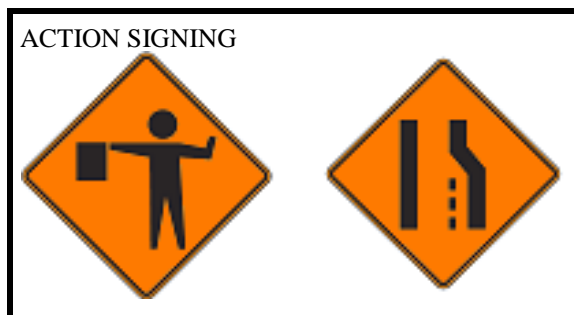
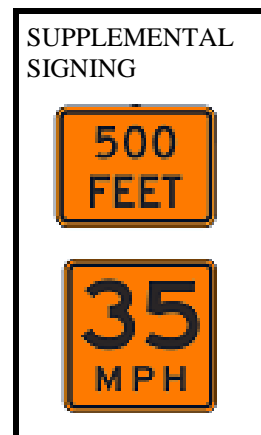


Signs on portable stands require 2 orange warning flags with orange retroreflective sheeting.



### Typical Advanced Warning Signs.

Advanced warning signs are diamond shaped, with black symbol or message on an orange background. UDOT requires all construction signs used on roadways under their jurisdiction to be 48" x 48". Signs are categorized as "Attention", "Situation", and "Action". Supplemental signing may be used in conjunction with the advanced warning signs and may be square or rectangular in shape. See UDOT Standard Drawings, TC Series, for supplemental sign size requirements and flag detail.



## # 7. FLAGGER STATION

### 1. Flaggers should be positioned on the shoulder of the roadway in a conspicuous position facing approaching traffic.

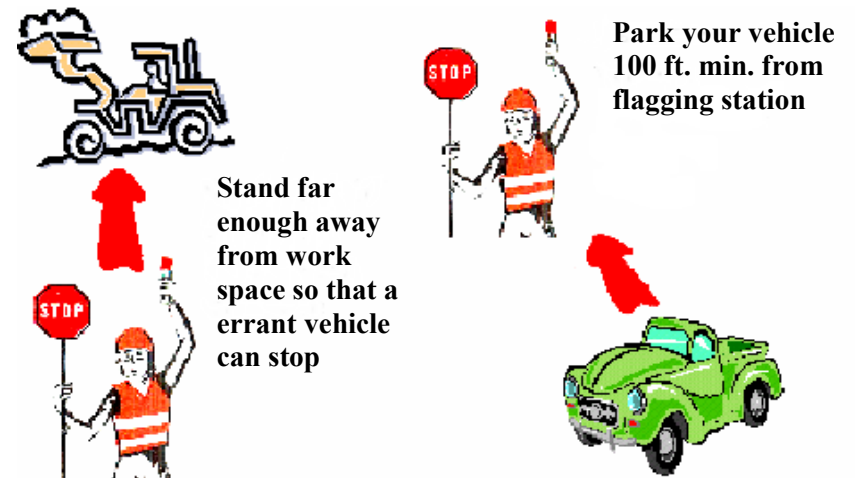
- Flagger should be visible to approaching traffic a distance equal to sign spacing requirements. Refer to Sign Spacing Chart (page B7).
- Location should be that a errant vehicle can stop before entering the work space.

### 2. Flagger station should be free of obstructions.

- Personal vehicle must be parked a minimum of 100 feet from flagging station.
- Flagging station should be clear of clutter, ie: coolers, work bags, or lunch pails.
- Flaggers should be able to move around other traffic control devices freely.

### 3. Flagger should plan an escape route.

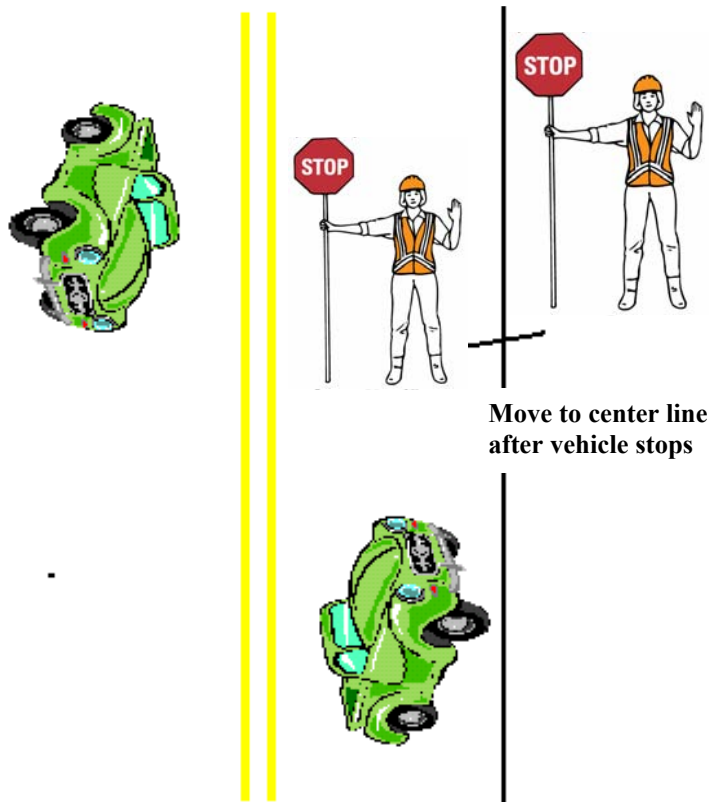
- If an errant motorist or work vehicle does not see you, or does not obey your command, have an area to which you can move without being injured.



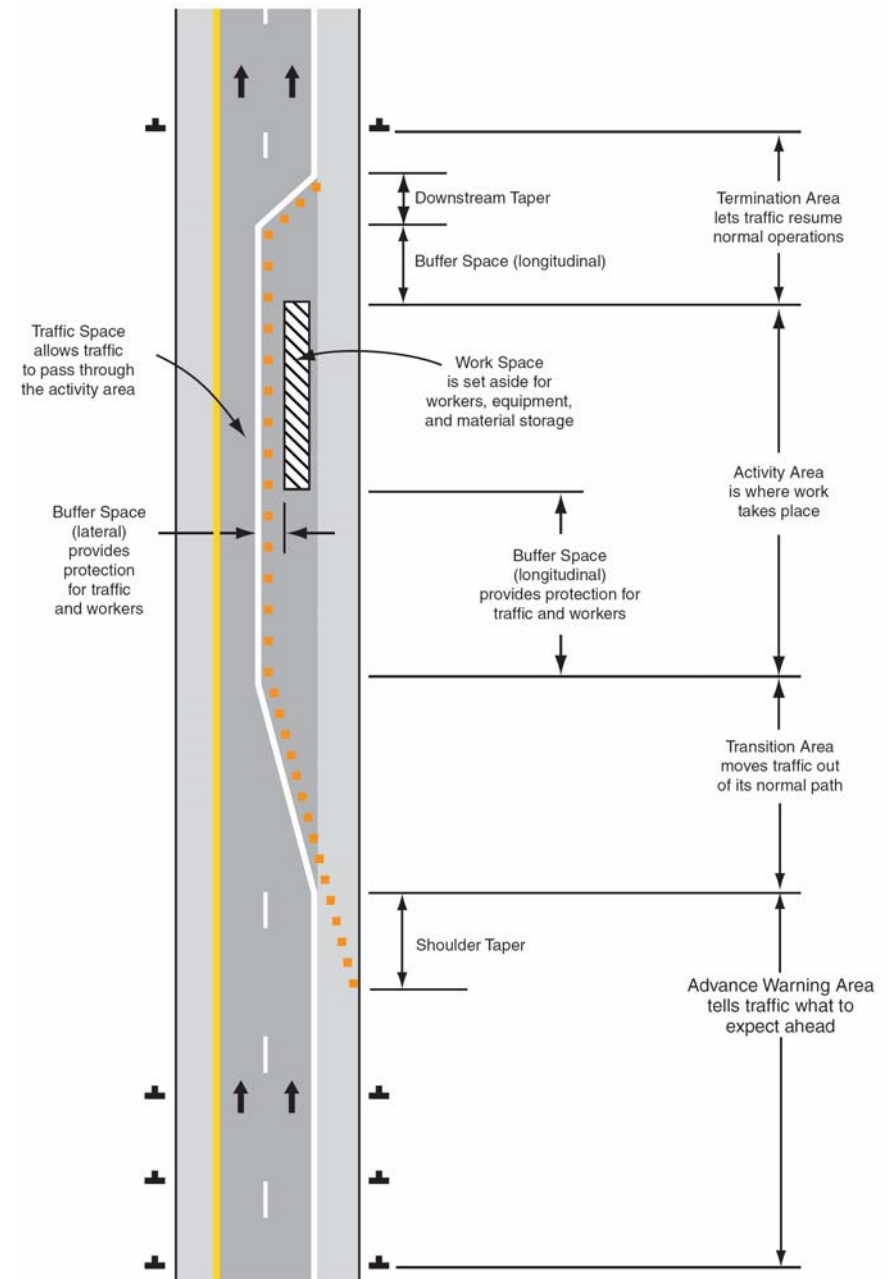


## # 8. SIGNAL TO STOP TRAFFIC

1. Stand in a safe position on the shoulder of the roadway facing traffic, look directly at the approaching driver.
2. Communicate intentions with other flaggers, and workers when required.
3. Have the paddle in the "STOP" position in your right hand directed toward the approaching vehicle.



## Components Temporary Traffic Control Zone



## TRAFFIC CONTROL ZONE

The Traffic Control Zone consists of specific sign types, channelizing devices, advanced warning displays, and one or more flaggers. The way these devices are installed and maintained is crucial to how traffic flows through the work area.

**This training does not certify you as a Traffic Control Maintainer but it will give you an understanding of the traffic control zone.**

The Traffic Control Zone consists of the following elements:

### 1. Advance Warning Area

- The area in the section of highway where road users are informed about the upcoming work zone or incident area.
- Warning signs

### 2. Transition Area

- The transition area is the section of highway where road users are redirected out of their normal path.
- Delineated by channelizing devices

### 3. Activity Area

- The activity area is the section of highway where the work activity takes place.
  - buffer space (both lateral & longitudinal areas)
- work space
- traffic space
- Delineated by channelizing devices and may have signs

### 4. Termination Area

- The termination area is used to return road users to the normal path.
- May be delineated by channelizing devices and may have signs

### 4. Raise your free arm, hold palm of hand above shoulder level toward approaching traffic.

- Make eye contact with driver prior to moving to position.
- Do not stand in front of first stopped vehicle.
- Use caution at center line position. Be aware of vehicles coming from behind.

### 5. After first vehicle has come to a complete stop move to a conspicuous position near the center line.



## **STOPPING DISTANCE**

**Flaggers need to pay special attention when they have to stop approaching vehicles.**

- Weather and road conditions need to be taken into account when stopping traffic.
- Allow for driver reaction time, which is the time it takes a driver to apply the brakes after seeing the STOP sign.

The following chart shows the required stopping distance for the average vehicle under described conditions.

<b>MPH</b>	<b>Dry Pavement</b>	<b>Gravel Surface</b>	<b>Wet Pavement</b>	<b>Packed Snow</b>	<b>Ice or Snow</b>
<b>30</b>	88'	135'	147'	194'	430'
<b>40</b>	149'	232	252'	336'	745'
<b>50</b>	243'	374	404'	541'	1215'
<b>60</b>	366'	561	607'	808'	1830'

**Large trucks can require 400 ft. or more to stop.**

**HINT:** Prior to starting your shift, evaluate the speed of the approaching traffic. Determine a point in front of you that if an approaching vehicle passes you will not be able to stop the vehicle safely.

**Mark the point at which you should begin stopping traffic with a cone, or associate that point with a tree, rock, or some other physical marker.**

## **APPENDIX B**

### **Manual On Uniform Traffic Control Devices**

#### **Part 6**

#### **Chapter 6F Traffic Control Devices (partial)**

#### **Chapter 6H Typical Applications (partial)**

**These are minimum standards set by the Federal Highway Administration.**

**The Utah Department of Transportation may have higher standards.**

**Check the Standard Specification Section 01554 and the Standard Drawing TC Series for specific requirements.**

**Section 6E.05 Flagger Stations****Standard:**

Flagger stations shall be located such that approaching road users will have sufficient distance to stop at an intended stopping point.

**Option:**

The distances shown in Table 6E-1, which provides information regarding the stopping sight distance as a function of speed, may be used for the location of a flagger station. These distances may be increased for downgrades and other conditions that affect stopping distance.

**Guidance:**

Flagger stations should be located such that an errant vehicle has additional space to stop without entering the work space.

**Standard:**

Except in emergency situations, flagger stations shall be preceded by an advance warning sign or signs. Except in emergency situations, flagger stations shall be illuminated at night.

**Guidance:**

The flagger should stand either on the shoulder adjacent to the road user being controlled or in the closed lane prior to stopping road users. A flagger should only stand in the lane being used by moving road users after road users have stopped. The flagger should be clearly visible to the first approaching road user at all times. The flagger also should be visible to other road users. The flagger should be stationed sufficiently in advance of the workers to warn them (for example, with audible warning devices such as horns or whistles) of approaching danger by out-of-control vehicles. The flagger should stand alone, never permitting a group of workers to congregate around the flagger station.

**Option:**

At a spot constriction, the flagger may have to take a position on the shoulder opposite the closed section in order to operate effectively.

At spot lane closures where adequate sight distance is available for the reasonably safe handling of traffic, the use of one flagger may be sufficient.

**Table 6E-1. Stopping Sight Distance as a Function of Speed**

Speed* (km/h)	Distance (m)	Speed* (mph)	Distance (ft)
30	35	20	115
40	50	25	155
50	65	30	200
60	85	35	250
70	105	40	305
80	130	45	360
90	160	50	425
100	185	55	495
110	220	60	570
120	250	65	645
		70	730
		75	820

\* Posted speed, off-peak 85th-percentile speed prior to work starting, or the anticipated operating speed

## # 9. SIGNAL TO RELEASE TRAFFIC

1. **Communicate intentions with other flaggers, and workers when required.**
2. **Move from the center of the roadway, with the paddle in the “STOP” position, to the safe position on the shoulder.**
3. **Turn your paddle to the “SLOW” position, with your free arm, away from your body and motion the traffic to proceed.**

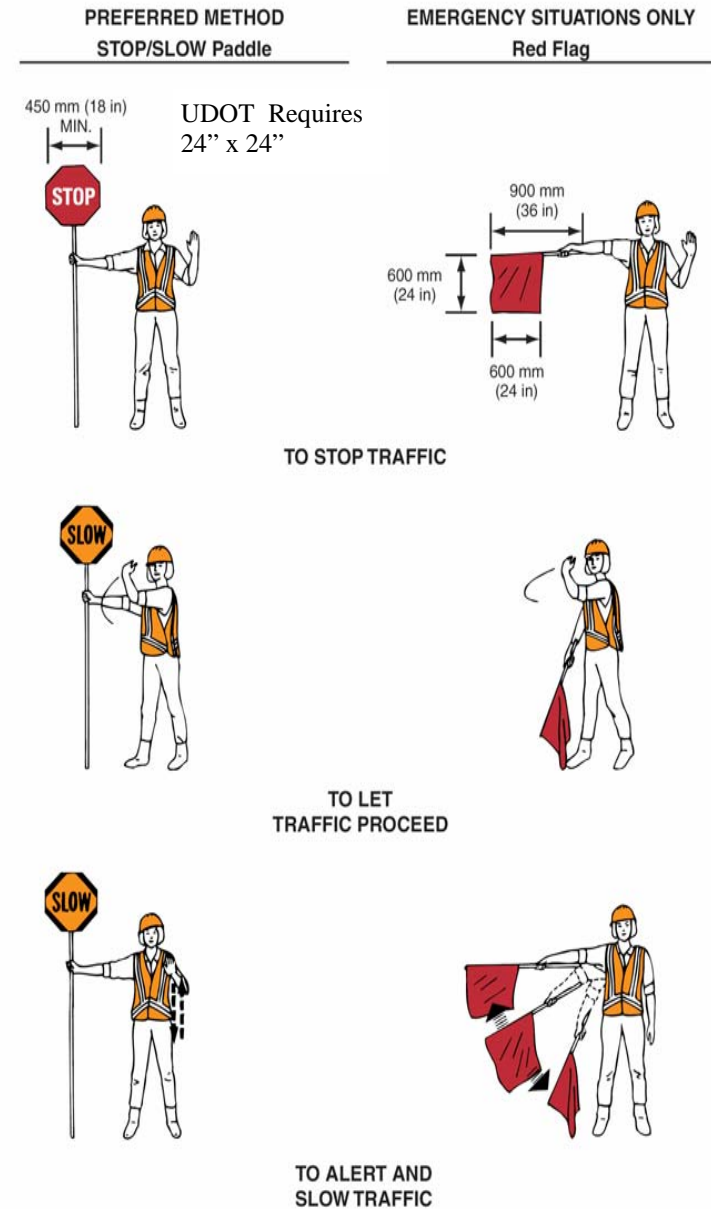


## # 10. SIGNAL TO SLOW TRAFFIC

1. Communicate intentions with other flaggers, and workers when required.
2. Stand in the safe position on the shoulder of the roadway facing traffic, and looking directly at the approaching driver and make eye contact.
3. Have the paddle in the "SLOW" position, in your right hand.
4. With your free arm, extended away from your body, and the palm of your hand down, use an up and down motion.



Figure 6E-1. Use of Hand-Signaling Devices by Flaggers





- A. Two white or red lights, one centered vertically above and one centered vertically below the STOP legend; and/or two white or yellow lights, one centered vertically above and one centered vertically below the SLOW legend; or
- B. Two white or red lights, one centered horizontally on each side of the STOP legend; and/or two white or yellow lights, one centered horizontally on each side of the SLOW legend; or
- C. One white or red light centered below the STOP legend; and/or one white or yellow light centered below the SLOW legend; or
- D. A series of eight or more small white or red lights no larger than 6 mm (0.25 in) in diameter along the outer edge of the paddle, arranged in an octagonal pattern at the eight corners of the border of the STOP face; and/or a series of eight or more small white or yellow lights no larger than 6 mm (0.25 in) in diameter along the outer edge of the paddle, arranged in a diamond pattern along the border of the SLOW face.
- E. A series of white lights forming the shapes of the letters in the legend.

**Standard:**

If flashing lights are used on the STOP face of the paddle, their colors shall be all white or all red.

If flashing lights are used on the SLOW face of the paddle, their colors shall be all white or all yellow.

If more than eight flashing lights are used, the lights shall be arranged such that they clearly convey the octagonal shape of the STOP face of the paddle and/or the diamond shape of the SLOW face of the paddle.

If flashing lights are used on the STOP/SLOW paddle, the flash rate shall be at least 50, but not more than 60, flashes per minute.

Flags, when used, shall be a minimum of 600 mm (24 in) square, made of a good grade of red material, and securely fastened to a staff that is approximately 900 mm (36 in) in length.

**Guidance:**

The free edge of a flag should be weighted so the flag will hang vertically, even in heavy winds.

**Standard:**

When used at nighttime, flags shall be retroreflectorized red.

**Section 6E.04 Flagger Procedures****Support:**

The use of paddles and flags by flaggers is illustrated in Figure 6E-1.

**Standard:**

The following methods of signaling with paddles shall be used:

- A. To stop road users, the flagger shall face road users and aim the STOP paddle face toward road users in a stationary position with the arm extended horizontally away from the body. The free arm shall be held with the palm of the hand above shoulder level toward approaching traffic.
- B. To direct stopped road users to proceed, the flagger shall face road users with the SLOW paddle face aimed toward road users in a stationary position with the arm extended horizontally away from the body. The flagger shall motion with the free hand for road users to proceed.
- C. To alert or slow traffic, the flagger shall face road users with the SLOW paddle face aimed toward road users in a stationary position with the arm extended horizontally away from the body.

**Option:**

To further alert or slow traffic, the flagger holding the SLOW paddle face toward road users may motion up and down with the free hand, palm down.

**Standard:**

The following methods of signaling with a flag shall be used:

- A. To stop road users, the flagger shall face road users and extend the flag staff horizontally across the road users' lane in a stationary position so that the full area of the flag is visibly hanging below the staff. The free arm shall be held with the palm of the hand above the shoulder level toward approaching traffic.
- B. To direct stopped road users to proceed, the flagger shall stand parallel to the road user movement and with flag and arm lowered from the view of the road users, and shall motion with the free hand for road users to proceed. Flags shall not be used to signal road users to proceed.
- C. To alert or slow traffic, the flagger shall face road users and slowly wave the flag in a sweeping motion of the extended arm from shoulder level to straight down without raising the arm above a horizontal position. The flagger shall keep the free hand down.

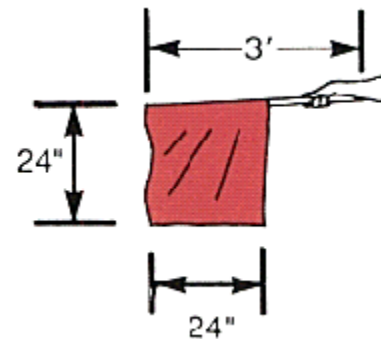
## # 11. USING A FLAG

### EMERGENCY SITUATION ONLY

**An emergency is an unforeseen situation which requires immediate action**

**Because you are in an emergency situation communication with those assisting will be vital to protect you, them and motorists.**

The procedures and positioning for using a flag are similar as a paddle, except for the To Alert & Slow procedure. In this procedure, the flag is slowly waved in a sweeping motion and the free hand is kept down.

**FLAG REQUIREMENTS****RED FLAG ONLY****STOP POSITION****TO PROCEED****TO ALERT & SLOW**

## # 12. PEDESTRIANS, INCLUDING THOSE WITH DISABILITIES, AND BICYCLIST

- **Special considerations should be given to pedestrians, including those with disabilities, and bicyclists who enter the work zone and require your assistance.**



- **Check work zone activities, and with other flaggers prior to allowing pedestrians and bicyclists to pass through the work zone. They must be able to pass through safely.**
- **Have approaching traffic under your control prior to directing pedestrians or bicyclist through the work zone.**
- **Allow traffic to clear prior to directing pedestrians and bicyclists through the work zone. If impractical, stop traffic and direct pedestrians or bicyclists**



### CHAPTER 6E. FLAGGER CONTROL

#### Section 6E.01 Qualifications for Flaggers

##### Support:

Whenever the acronym "TTC" is used in this Chapter, it refers to "temporary traffic control".

##### Standard:

A flagger shall be a person who provides TTC.

##### Guidance:

Because flaggers are responsible for public safety and make the greatest number of contacts with the public of all highway workers, they should be trained in safe traffic control practices and public contact techniques. Flaggers should be able to satisfactorily demonstrate the following abilities:

- A. Ability to receive and communicate specific instructions clearly, firmly, and courteously;
- B. Ability to move and maneuver quickly in order to avoid danger from errant vehicles;
- C. Ability to control signaling devices (such as paddles and flags) in order to provide clear and positive guidance to drivers approaching a TTC zone in frequently changing situations;
- D. Ability to understand and apply safe traffic control practices, sometimes in stressful or emergency situations; and
- E. Ability to recognize dangerous traffic situations and warn workers in sufficient time to avoid injury.

#### Section 6E.02 High-Visibility Safety Apparel

##### Standard:

For daytime and nighttime activity, flaggers shall wear safety apparel meeting the requirements of ISEA "American National Standard for High-Visibility Apparel" (see Section 1A.11) and labeled as meeting the ANSI 107-1999 standard performance for Class 2 risk exposure. The apparel background (outer) material color shall be either fluorescent orange-red or fluorescent yellow-green as defined in the standard. The retroreflective material shall be either orange, yellow, white, silver, yellow-green, or a fluorescent version of these colors, and shall be visible at a minimum distance of 300 m (1,000 ft). The retroreflective safety apparel shall be designed to clearly identify the wearer as a person.

##### Guidance:

For nighttime activity, safety apparel meeting the requirements of ISEA "American National Standard for High-Visibility Apparel" (see Section 1A.11) and labeled as meeting the ANSI 107-1999 standard performance for Class 3 risk exposure should be considered for flagger wear (instead of the Class 2 safety apparel in the Standard above).

When uniformed law enforcement officers are used, high-visibility safety apparel as described in this Section should be worn by the law enforcement officer.

#### Section 6E.03 Hand-Signaling Devices

##### Support:

Hand-signaling devices, such as STOP/SLOW paddles, lights, and red flags, are used to control road users through TTC zones.

##### Guidance:

The STOP/SLOW paddle should be the primary and preferred hand-signaling device because the STOP/SLOW paddle gives road users more positive guidance than red flags. Use of flags should be limited to emergency situations.

##### Standard:

The STOP/SLOW paddle shall have an octagonal shape on a rigid handle. STOP/SLOW paddles shall be at least 450 mm (18 in) wide with letters at least 150 mm (6 in) high and should be fabricated from light semirigid material. The background of the STOP face shall be red with white letters and border. The background of the SLOW face shall be orange with black letters and border. When used at night, the STOP/SLOW paddle shall be retroreflectORIZED.

##### Option:

The STOP/SLOW paddle may be modified to improve conspicuity by incorporating either white or red flashing lights on the STOP face, and either white or yellow flashing lights on the SLOW face. The flashing lights may be arranged in any of the following patterns:

# **APPENDIX A**

## **Manual On Uniform Traffic Control Devices**

### **Part 6**

#### **Chapter 6E Flagger Control**

**These are minimum standards set by the Federal Highway Administration. The Utah Department of Transportation may have higher standards. Check the Standard Specification Section 01554 and the Standard Drawing TC Series for specific requirements.**

**Partial list of UDOT Standards exceeding the MUTCD**

- Fluorescent red orange retroreflective vest a minimum of 50% background color of fluorescent red orange.**
- Fluorescent red orange retroreflective hard hat**
- Safety boots**
- Paddle size, 24" x 24" with 8" letters**

## **# 13. EMERGENCY VEHICLES**

**Have a plan developed to move emergency vehicles through the work zone.**

- With the Work Zone Supervisor, develop a plan to move emergency vehicles around or through the work zone**
- Emergency vehicle must stop, if commanded by you. Allow them to pass as soon as possible.**



## **# 14. SPECIAL CIRCUMSTANCES**

- Ask your supervisor each day if an oversized load plans to come through the work zone.**
- Develop a plan to move unexpected oversized loads through the work zone.**
- Be aware of planned deliveries of equipment or materials.**





## # 15. AUTHORITY

### **Utah State Law (41-6a-209, revised 2005)**

- Flaggers have the same authority as a law enforcement officer to control traffic.
- The flagger must be in an active work zone and all traffic control must be in place to exercise this authority. The only exception would be if you have an emergency situation.



## # 16. LIABILITY

### **1. A FLAGGER can be held liable for damages or injuries incurred if an crash occurs.**

- Make sure all traffic control signing and devices are in place.
- Give good direction using the proper signaling techniques.
- Be aware of the situation.
- Stay alert.
- Allow traffic to pass only when a safe path is available.

### **2. The EMPLOYER of the flagger can be held liable for damages or injuries if an crash occurs. The employer is responsible to:**

- Provide the proper traffic control.
- Instruct flagger of any special conditions or requirements.
- Provide flagger with rest periods.

### **3. The ORGANIZATION, having work done, can be held liable for damages or injuries if an crash occurs.**

- Insure the contractor is complying with your organizational standards and requirements.

